



NEBRASKA BY HEART

Folk Arts • Traditional Arts • Folklife
Curriculum Unit • Grades 6–8
nebraskafolklife.org



Some Jump Rope Rhymes

Teddy bear, teddy bear,
Turn around.
Teddy bear, teddy bear,
Touch the ground.
Teddy bear, teddy bear,
Show your shoe.
Teddy bear, teddy bear,
That will do.
Teddy bear, teddy bear,
Go upstairs.
Teddy bear, teddy bear,
Say your prayers.
Teddy bear, teddy bear,
Turn out the light.
Teddy bear, teddy bear,
Say good night.

Chimacum Cheetahs, turn around,
Chimacum Cheetahs, touch the ground,
Chimacum Cheetahs, show your spots,
Chimacum Cheetahs, hot, hot, hot!

Cinderella dressed in yella,
Went downstairs to kiss a fella,
Made a mistake and kissed a snake.
How many doctors did it take
1, 2, 3...

A my name is Alice
And my husband's name is Arthur,
We come from Alabama,
Where we sell artichokes.
B my name is Barney
And my wife's name is Bridget,
We come from Brooklyn,
Where we sell bicycles.
C my name is _____
And my husband's name is _____
We come from _____
Where we sell _____.
(Continue throughout the alphabet)

Apartment for rent, inquire within,
When _____ moves out, let _____ in.

Benjamin Franklin went to France
To teach the ladies how to dance.
First the heel, and then the toe,
Spin around and out you go.

What other ones do students remember?